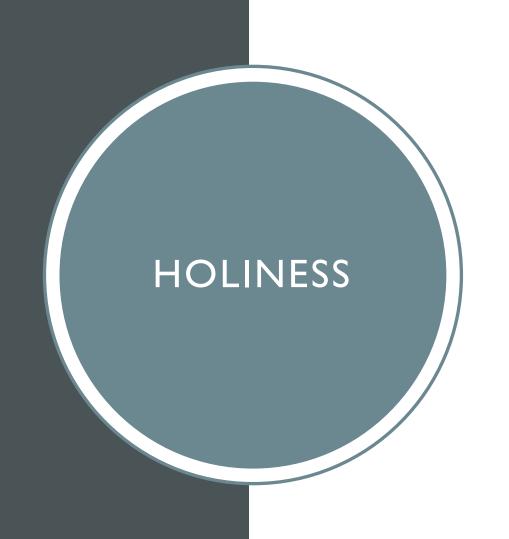
## HOLINESS IS THE WORK OF THE HOLY SPIRIT

#### WHO IS THE HOLY SPIRIT?

• The Holy Spirit is a Person. A divine Person. Equal in dignity and majesty with the Father and the Son. The Holy Spirit is one member of the Holy Trinity. As a Person, the Holy Spirit is one we can be in relation with. We can know and love the Holy Spirit just as we know and love the Father and the Son. And the Spirit loves us just as He loves the Father and the Son. Personhood means there is potential for love and union. The Holy Spirit has an intellect and will and with those characteristics freely knows and loves as God.



- Holiness is the plenitude of Christian life, the fullness of charity and of our condition as God's children. It is nothing but the work of God's us and our correspondence to it to identify ourselves with His Son, Our Lord Jesus Christ, in, with, and for Him.
- Holiness consists in identifying ourselves with Jesus Christ and involves the struggle to think, want, act and live like Christ did, with the help God's grace.



• 2012 "We know that in everything God works for good with those who love him . . . For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the first-born among many brethren. And those whom he predestined he also called; and those whom he called he also justified; and those whom he justified he also glorified."



• 2013 "All Christians in any state or walk of life are called to the fullness of Christian life and to the perfection of charity." All are called to holiness: "Be perfect, as your heavenly Father is perfect."



- 2014 Spiritual progress tends toward ever more intimate union with Christ. This union is called "mystical" because it participates in the mystery of Christ through the sacraments "the holy mysteries" and, in him, in the mystery of the Holy Trinity. God calls us all to this intimate union with him, even if the special graces or extraordinary signs of this mystical life are granted only to some for the sake of manifesting the gratuitous gift given to all.
- 2015 The way of perfection passes by way of the Cross.
   There is no holiness without renunciation and spiritual battle.
   Spiritual progress entails the ascesis and mortification that gradually lead to living in the peace and joy of the Beatitudes: He who climbs never stops going from beginning to beginning, through beginnings that have no end. He never stops desiring what he already knows.

### HOLINESS AND THE HOLY SPIRIT

- So how does holiness happen?
- Can we do it ourselves?
- If I put together the perfect spiritual program will I become a saint?



## GOD IS THE FIRST MOVER

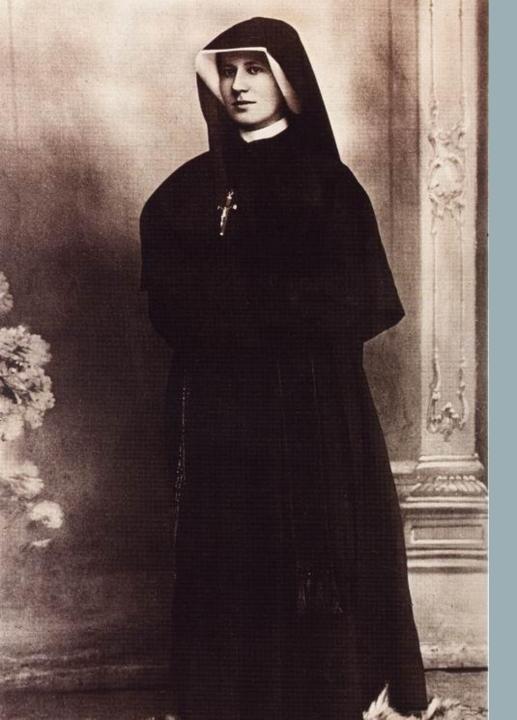
All good things begin with God!

#### FR JACQUES PHILIPPE

- Holiness is beyond our power, it is impossible to attain it on our own.
- "Apart from me you can do nothing." John 15:5

#### **GOD'S PLAN**

- Of course we have to try, to cooperate, but the movement at first comes from the Holy Spirit.
- "Holiness is not a program for life, but something attained from God." (pg 17)
- God has a plan and it's different for each one of us.



# ST FAUSTINA'S EXAMPLE



#### St Francis de Sales:

• "When we profit from and inspiration that Our Lord sends, He sends another, and thus Our Lord continues His graces as long as we continue to profit from them."

#### THE HOLY SPIRIT IS THE CONSOLER

- "the Holy Spirit is rightly called the Consoler. When the touches of the Spirit, enlightening us and impelling us to act, are well received, they pour into our hearts not just light and strength but solace and peace, that often fills us with consolation."
- "Just a minute amount of the unction of the Holy Spirit can fill our hearts with more contentment than all the riches of the earth, because it share in God's infinity." pg 23

#### TO DO THIS WEEK

- Be aware
- Notice what is happening in your interior life
- Do you feel nudges to do or say something?
- \* Do you feel inclined to do something to help somoene?
- Do you feel the desire to pray for someone?





How can we foster inspirations from the Holy Spirit?

 How can we know that inspirations come from the Holy Spirit?